**PRISMA Flow Diagram**

Records identified through database searching (n = 13,472) → Additional records identified through other sources (n = 21) → Records after duplicates removed (n = 11,980) → Records screened (n = 11,980) → Records excluded (n = 11,862) → Full-text articles assessed for eligibility (n = 118) → Full-text articles excluded, with reasons (n = 98) → Studies included in review (n = 20) → Quantitative studies (n = 10) Qualitative studies (n = 13) Note 3 studies were mixed-methods

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For more information, visit [www.prisma-statement.org](http://www.prisma-statement.org).